



HOLI



SPECIAL OFFER

12 MONTH PROGRAM WEIGHT/ DISEASE MANAGEMENT

- Customised Meal Plan
- Pre recorded Workout Videos
- Recipe Videos
- Biweekly Consultations
- Daily weight sharing
- Daily Meal pics sharing
- WhatsApp Support

~~40,000/-~~ **19,999/-**
(Under Team)

- Video Orientation with Nidhi
- Customised Meal Plan
- Pre recorded Workout Videos
- Recipe Videos
- Biweekly Consultations
- Daily weight sharing
- Daily Meal pics sharing
- Nutritionist Support
- WhatsApp Support
- Free 1 Month Live Session
- 1 Month Pause Period
- Health Complications Covered

~~60,000/-~~ **29,999/-**
(Under Nidhi)

